



Dive #	1	Accumulated bottom time	
Atmospheric conditions			
Air Temperature		Water Temperature	
Visibility		Fresh or salt water	
Tank capacity		Initial pressure	
Weights		Final pressure	
Entry time		Exit time	
Maximum depth		Bottom time	
Exit group		Buddy's name	
Instructor's signature or dive centre's stamp			
Comments:			

Dive #	2	Accumulated bottom time	
Atmospheric conditions			
Air Temperature		Water Temperature	
Visibility		Fresh or salt water	
Tank capacity		Initial pressure	
Weights		Final pressure	
Entry time		Exit time	
Maximum depth		Bottom time	
Exit group		Buddy's name	
Instructor's signature or dive centre's stamp			
Comments:			

Dive #	3	Accumulated bottom time	
Atmospheric conditions			
Air Temperature		Water Temperature	
Visibility		Fresh or salt water	
Tank capacity		Initial pressure	
Weights		Final pressure	
Entry time		Exit time	
Maximum depth		Bottom time	
Exit group		Buddy's name	
Instructor's signature or dive centre's stamp			
Comments:			

Dive #	4	Accumulated bottom time	
Atmospheric conditions			
Air Temperature		Water Temperature	
Visibility		Fresh or salt water	
Tank capacity		Initial pressure	
Weights		Final pressure	
Entry time		Exit time	
Maximum depth		Bottom time	
Exit group		Buddy's name	
Instructor's signature or dive centre's stamp			
Comments:			

It is enough that you print the page with the sheets to fill the four dives that are part of the course. Later, if you acquire the ACUC Dive Log Book, you can either cut and transfer these sheets to the book, or transcribe the dives. The important thing is that you have registered your dives, from the beginning. Below we give you a brief explanation to fill in the sheets.

Dive #: Always correlative, so that in the last registered dive sheet you will show the total number of dives you have made since you learned to dive. It is necessary to show it to access some more advanced courses. These 4 registration sheets we give you already numbered, one for each dive.

Accumulated time: It is always the sum of the previous accumulated time plus the bottom time of this dive. For example, if the number 1 dive lasts 20 minutes, the dive time will be 20 minutes and the accumulated time will also be 20 minutes. In the second dive, which we assume also takes 20 minutes, the bottom time of dive 2 will be 20 minutes, but the accumulated time will be 40 minutes. Thus, your record of the last dive done will show the total number of dives you have and the total time you have been diving in the set of dives. Another example: let's suppose that you get to dive number 63 and have lasted all 45 minutes; your dive number will be 63 and the Accumulated bottom times will be, for example, 47 h 15 min.

The other fields are self-explanatory, but if you have any questions, ask your Instructor.

We also have the field of "Comments" to write down whatever we want.



Your dive log book is your personal diary, so you can incorporate all the data or information that seems appropriate, as well as personal comments regarding the dives. Certainly you can be asked for it in order to access higher or specialty courses, but usually it is enough that you show the last page, which shows the total number of dives and the total bottom time accumulated. No one can ask you to leave the book with them so that they can read all the sheets.

Also, depending on the country or area where you are going to dive, you can be asked for the dive logbook to access the services of a Diving Center. Likewise, the last sheet is the one that shows your total experience, both in number of dives and cumulative total bottom time.

Enjoy your dives